



Facing mid-life crisis? Let palmistry help you choose the right career path

You're tired and bored of your daily job; you're wondering where your future is heading to and what will happen over the next 10 years. If you happen to fall into this category, chances are that you are facing a career mid-life crisis. **DAVID TONG** delves deeper

According to Wikipedia, mid-life crisis is used to "describe a period of dramatic self doubt that is felt by some individuals in the middle age of their life, as a result of sensing the passing of their own youth and the imminence of their old age". Such crisis can be triggered as a result of bad experiences in the past such as unemployment, underemployment or working in a job where you drag yourself to work everyday. This results in a desire to make significant changes to your career but yet, you are stuck and you don't really know what to do or how to make the best of your remaining life to earn a living.

In this article, I will share with you on how you can use the ancient art of palmistry to help you choose the right career path. Most of you would have heard of the phrase "The future lies in your hands" before. But do you know that the hand is actually a blueprint map of your character and destiny? Everything about your life and destiny is reflected and shown on the shape, fingers, nails, texture, colour and lines on your hand.

One of the simplest and most accurate methods to determine the character of a person and hence the suitability of his career and job function (in accordance to his character), will be to look at the length of the fingers

living

in relation to one another. Many people are surprised that fingers play an important role in palmistry. Most people tend to think that palmistry is all about the lines on your hand. In fact, a simple glance at the fingers alone can allow an expert palmist to tell a great deal about a person.

First, let us look at the thumb. In palmistry, the thumb plays a very important role. It contains a radial nerve that is made of the same nerve fibre that runs through our spinal cord and also found in our brains. This nerve gives us the superior reasoning capabilities that enable us to excel and rise above the rest of the people. Generally speaking, the larger and longer your thumb is, the greater the degree of success you will enjoy in life. Of course, this must be coupled with hard work and self determination. Someone who has a large thumb, but is a couch potato, is useless.

People with a long thumb exhibit good logical, analytical and reasoning abilities. They also have stronger willpower and steer themselves towards any particular goal or ambition. They are also more likely to think ahead, plan for the future and are masters of their own fate. They use intellect to outwit their opponent.

How do you tell if you have a long thumb? So long as the tip of the thumb reaches past beyond half of the bottom phalange of the index finger, your thumb is considered as long (see illustration). As a person with a long thumb is able to analyse things more logically and systematically, he or she is more suitable for jobs that require analytical skills, such as engineer, computer programmer, accountant, auditor, mathematician, analyst etc. Bill Gates, the founder of Microsoft, has an exceptionally long thumb.

The index finger, also known as the Jupiter finger, represents leadership, power, ambition, confidence and the drive to succeed in life. Ideally, this finger should be at least half the height of the top phalange of the middle finger (see illustration). If it is longer than that, then such a person is classified as having a long index finger.

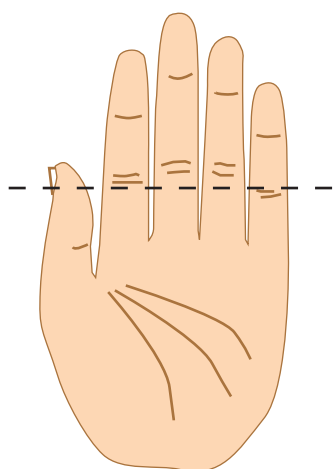
A person with a long index finger has strong leadership skills, likes to tell others what to do and has a huge drive to be successful. They like to be in charge of everything, be the

boss, and have a strong ego and self esteem. They dislike being ordered around and being told what they "should do" and what they "should not do". However, if this finger is excessively long (same length as the middle finger or longer), this person can become very powerful and aggressive in doing things. Whatever they do, they must win. The word "lose" is not in their dictionary. Napoleon is known to have a very long index finger. Hence in palmistry, a person with a very long index finger is also known to have Napoleonic configuration.

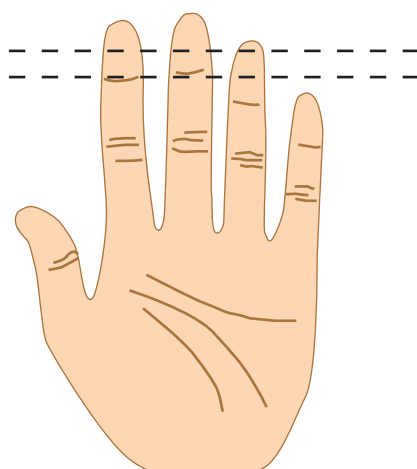
If you have a very long index finger, you are more suitable to be a boss running your own business, military officer, politician, have a government job or management role in an organisation that allows you to exhibit your leadership skills. Leadership is your talent. Find a job that allows you to utilise this talent of yours and you are on the first step towards a successful career.

The middle finger, also known as the Saturn finger, expresses morality, ethics, character and conformity. This finger governs our sense of right and wrong, and is also known as the finger of spirituality and introspection. This should be the longest finger on our hand. How do you determine if this finger is long? The rule is very simple: when your index and ring fingers are short! (see illustration)

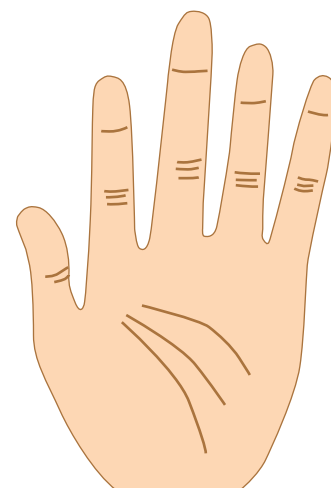
A person with a long middle finger is usually conservative, peculiar, and treats life seriously. They may also be philosophical, spiritual and have a love for occult studies. If you have a long middle finger, you are suitable for jobs that involve mysticism such as astrology, tarot card reading, or even writing books on the occult, ghost stories or supernatural tales. People with long middle finger may also like music and can become a fine composer or performer. They are also good in jobs dealing with spirituality such as working inside a church or temple, or they themselves can become religious figures. In addition, they are also good in the area of academic and scientific research. Therefore, if you have a keen interest in any of these areas, you might want to explore how you can take advantage of it by turning it into your next career.



Long thumb

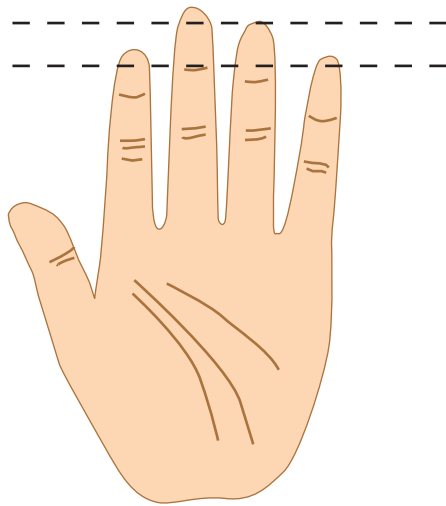


Long index finger



Long middle finger

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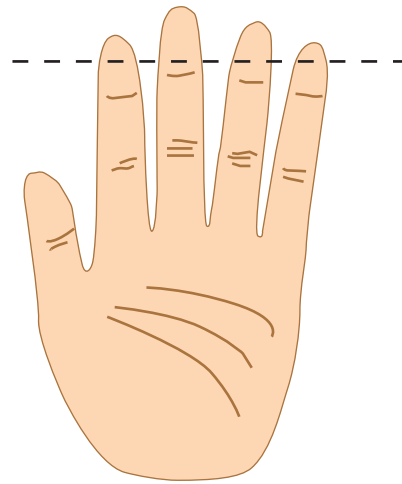
Long ring finger

The ring finger represents creativity, self-expression and aesthetic sense. This finger is also known as Apollo, named after the Greek god of the Sun, the multi-talented god of arts, culture, literature, wealth and fame. It represents a love of art and music, beauty and refinement. When it is very long, it symbolises a desire for celebrity and fame, and love for the beautiful. This can often be found in the hands of famous entertainers, actors, artists, singers, dancers and celebrities. A person with a long ring finger also shows satisfaction in the area of art, literature, fashion and design. They also find enjoyment in areas that allow them to exhibit their creativity and expressive skills. However, do note that if this finger is excessively long, it can also make a person become adventurous and a risk taker, hence the risk in speculation, love of money and gambling. This, on the other hand, makes a good entrepreneur, as a good businessman must dare to take calculated risks.

How do you tell if you have a long or short ring finger? Compare it against the length of your middle finger. If the ring finger is two-third in height compared to the length of the first phalange of the middle finger, then it is considered normal (see illustration). If it is longer than this normal height, then you are considered to have a long ring finger, and vice versa.

Therefore, if you have a long ring finger, you can consider jobs that are of an artistic, expressive and creative nature, such as artist, designer, musician, singer, actor, fashion etc. If you have an exceptionally long ring finger, you can also consider doing some form of business due to your strong entrepreneurship and risk taking abilities.

The last finger, which is the little finger, is also known as the Mercury finger. This is named after the Roman messenger of the gods. Hence, as you might have figured out, it governs communication skills, resourcefulness and wits. A person with a long little finger has good speaking



Long little finger

skills, is quick witted, and has the ability to charm, persuade and influence others. The longer it is, the greater the ability to communicate with others, whether in a large group or with an individual.

This finger should ideally reach the top phalange of the ring finger; and if it is above, we can classify this person as having a long little finger (see illustration). If you have such a long little finger, you are more suitable to work in jobs that involve communication skills such as speaker, lawyer, negotiator, trainer, teacher, evangelist, salesman, public relations, customer service, insurance agent, real estate agent etc. You will have the natural talent to persuade and influence people into convincing them to buy your products, engage your services. Do take note that if this finger is not straight (ie. bent or twisted), it means that this person is dishonest, manipulative and not trustworthy. He is more of a swindle or great liar and you should not listen to or buy anything from this person.

If you are currently facing a career mid-life crisis, take a look at your fingers now. Evaluate what type of job is more suitable for you based on the length of your fingers, and start working towards it. You might be surprised how this technique alone could change your entire destiny! I look forward to hearing some good news from you. *PT*



Master David Tong is the founder and principal consultant of Chinese Metaphysics Global Consulting, providing world class Authentic *Feng Shui*, Bazi Destiny Analysis and other Chinese Metaphysics consultancy services. For more information, check out his website at www.cmgconsulting.com.sg

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